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Message from the Chair

It's amazing what a difference four months can make. Four months ago was a time full of hope and optimism—a real chance at witnessing a glass ceiling being shattered. Now, with each news article I read and presidential executive order that is signed, at times it has felt hopeless—like society is regressing. However, I have been reminded that there are a lot of good, smart people who love this country and will not let it fall apart.



Geoff Hamby
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Book Review: *My Stroke of Insight*, Jill Bolte Taylor

As trial lawyers, our primary job is to tell our clients' stories. In order to do that, we have to know our clients and know what they are going through. A majority of us will at one point or another represent a client who is a survivor of a stroke. We cannot effectively tell their stories without knowing what they are going through.



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Actionable, but Ascertainable?

It's about 7 o'clock at night and you're at the local convenience store browsing their selection when you make your way down the health and nutrition aisle. You think to yourself, "I could lose a few pounds," so you decide to study what's available when you come across Bayer's One A Day Weight Smart supplement. After picking it up, you read that the supplement's use of epigallocatechin gallate (a green tea extract) will boost your metabolism and assist with weight loss.



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New FDA Rule Classifies and Regulates e-Cigarettes as "Tobacco" Products

A new FDA rule has sent economic shivers through the unregulated e-cigarette industry because players will now have to follow U.S. health and safety rules in manufacturing and distribution of the products. In ten short years, the completely unregulated e-cigarette industry has gone from \$0 to more than \$3.5 billion in revenue and is still reporting exponential growth.